

Tarot Spreads for Inner Clarity, Healing & Spiritual Expansion

The Soul Reflection Spread

Use this spread to understand your current energy and receive spiritual insight for emotional healing and inner growth.

Card 1: What energy am I currently carrying?

Card 3: What part of me needs healing right now?

Card 2: What truth am I avoiding?

Card 4: What is my soul trying to teach me?

Card 5: How can I nurture my spiritual growth?

The Inner Child Connection Spread

Reconnect with your inner child and identify emotional wounds that are ready to be healed and transformed.

Card 1: What does my inner child want me to remember?

onto?

Card 3: How can I begin to heal this?

Card 4: What brings me pure joy?

Card 2: What pain am I still holding

Card 5: How can I play and connect with my inner child again?

The Spiritual Alignment Spread

Gain clarity on where you are on your spiritual path and what guidance is needed for your soul's evolution.

Card 1: Where am I on my spiritual journey right now?

Card 2: What energy is blocking me from evolving?

Card 3: What divine guidance is trying to come through?

Card 4: What practices will help me expand spiritually?

Card 5: What is my next aligned step?